



**Sir Penfro
Pembrokeshire**

Perffwrdd Sir Penfro Office
430 Aylett Street
Haverfordwest Dock
SA6 2AZ

Monday

10am - 1pm Drop In Service

Tuesday

10am - 1pm Drop In Service

Wednesday

10am - 1pm Drop In Service

Drop-in Outreach Services		
Location	Day	Time
Fishguard Town Hall	Tuesday	10:00am - 1:00pm
St.Davids Memorial Hall	1 st Tuesday of each month	10:00am - 1:00pm
Milford Haven Town Hall	Wednesday	10:00am - 1:00pm
Pre booked Appointments available at		
PATCH (Milford Haven)	Tenby Cottage Hospital	
Saundersfoot GP Surgery	Bro Cerwyn Psychiatric Unit	

Appointment Line 01437 806070 - Mon – Wed - 9am -10am & 4pm-5pm
National telephone Advice 0344 477 20 20 - Monday – Friday 10am – 4pm
Email: advice@pembcab.org
Information can also be obtained from: www.citizensadvice.org.uk